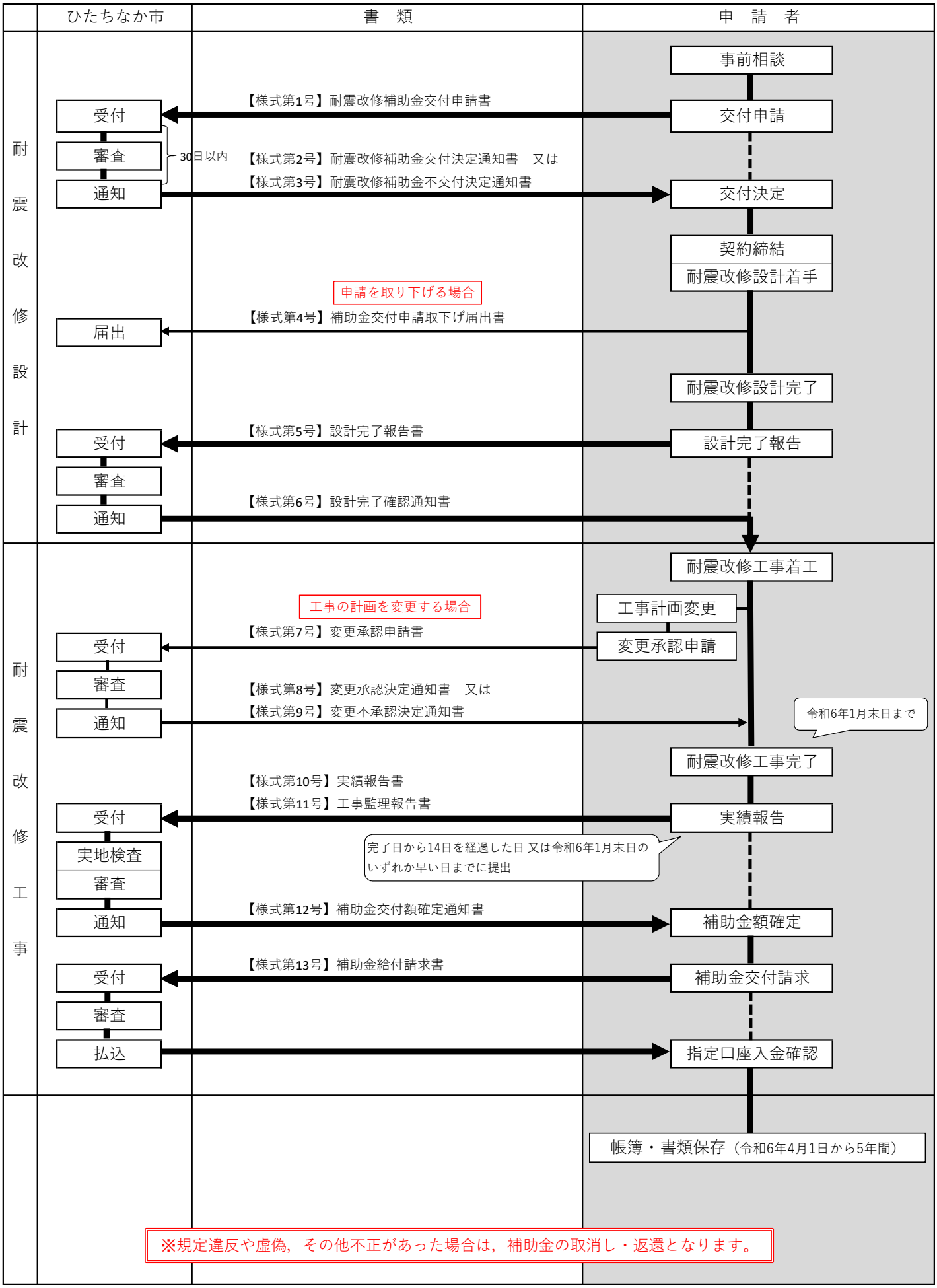令和５年度ひたちなか市木造住宅耐震改修補助金交付手続きの流れ